



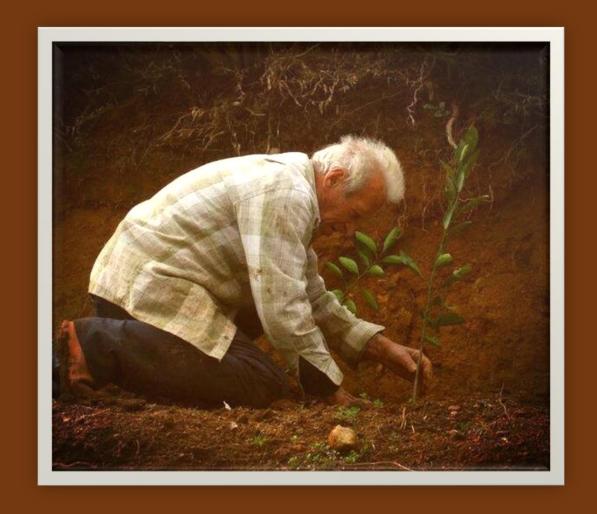
Creating a Life of Meaning to Fulfill The Meaning of Life











"A society grows great when old men plant trees in whose shade they know they shall never sit"





"A society grows great when <u>everyone</u> plants trees in whose shade they know they shall never sit!"



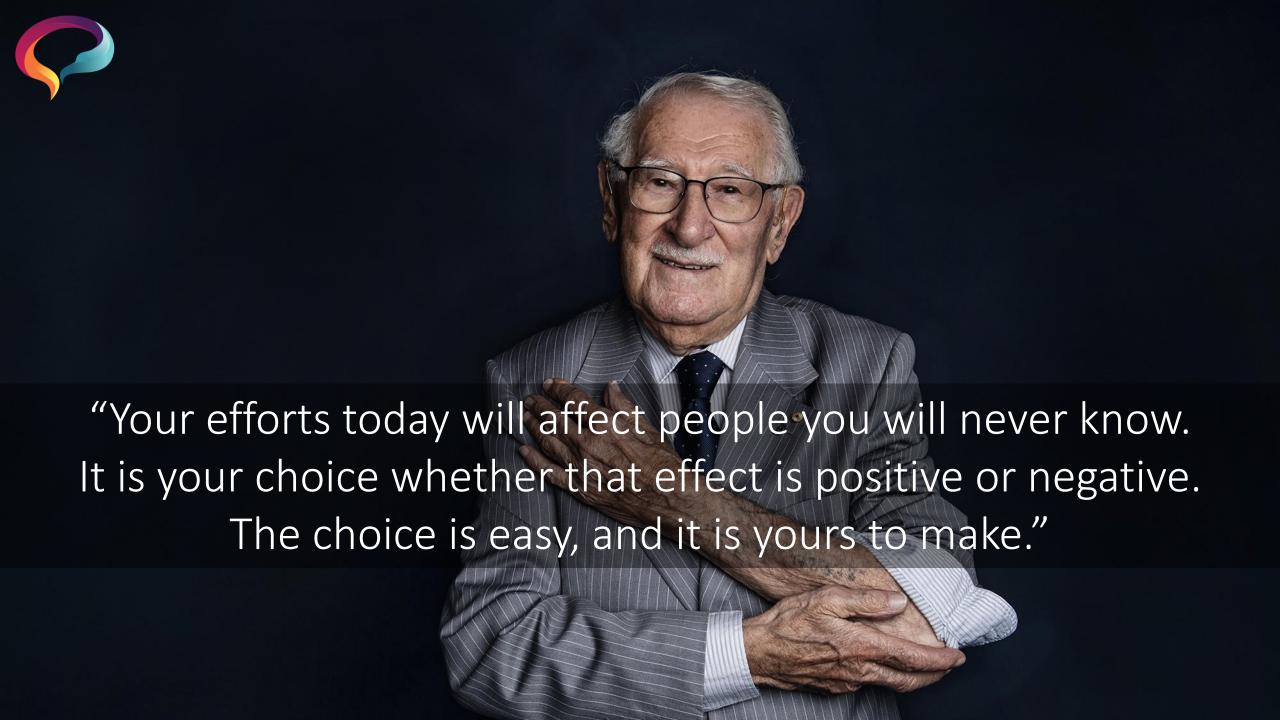


Before I go-Living a Life of Meaning













Flipping the Lid on Our Charitable Brain..... through the Power of Story



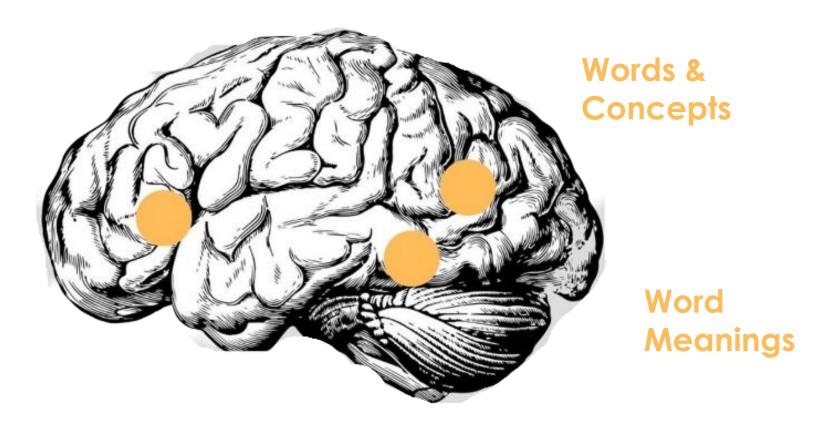






Your Brain on Facts* and Data* (and lots of numbers and bullet points!)

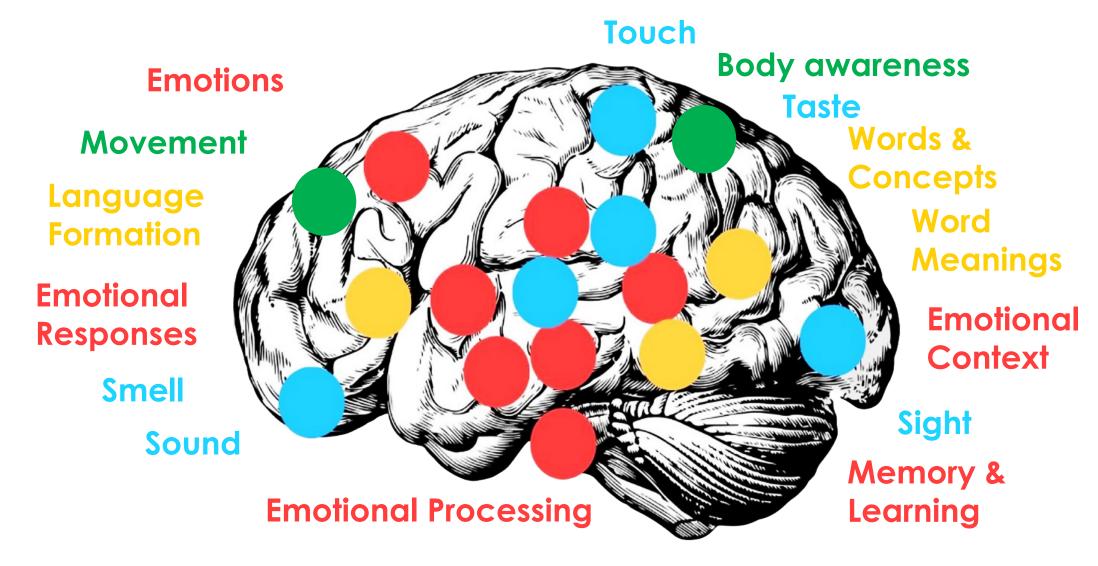
Language Formation



*unless they have significance and meaning that evokes an emotional response



Your Brain on Story



Memories of experiences as you put yourself in the storyteller's shoes

The Secret CODE to a Journey from Reality to Possibility

Cortisol (Attention) – released through an attention-grabbing opening using sensory language

Oxytocin (Connection) – released with stories of lived experience, connection, empathy and compassion

Dopamine (Motivation) – released with stories of hope for the future, motivating us into action

Endorphins (Wellbeing) – released with stories of success, the happy ending we all want ©

"If you want people to open their wallets, start with the heart"

Melinda Gates















When I'm Dead and Gone

Leaving Lasting Legacies





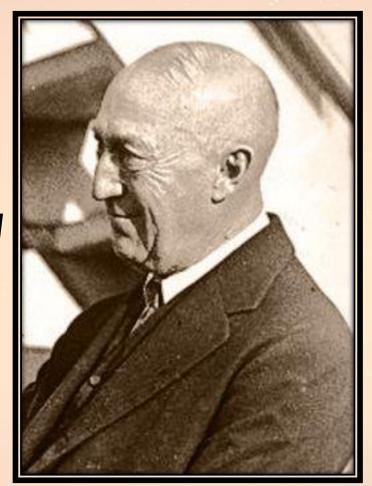




From the Ridiculous to the Sublime Two Very Important Tales of Bequest



A Cautionary Tale



Charles Vance Millar 1854 - 1926

All the rest and residue of my property wheresoever situate, I give, devise and bequeath unto my Executors and Trustees named below in Trust to convert into money as they deem advisable and invest all the money until the expiration of nine years from my death and then call in and convert it all into money and then at the expiration of ten years from my death to give it and its accumulations to the mother who has since my death given birth in Toronto to the greatest number of children as shown by the registrations under the Vital Statistics Act.

AP

-STORK DERBY-

FREAK CANADIAN RACE FOR LARGEST FAMILY REACHES ITS CLIMAX

Commentary by

ERIC DUNSTAN





"If you think you are too small to make a difference you haven't spent a night with a mosquito."

-African Proverb







Culture is healing: The making of a Possum Skin Cloak











Thank you!

www.includeacharity.com.au





