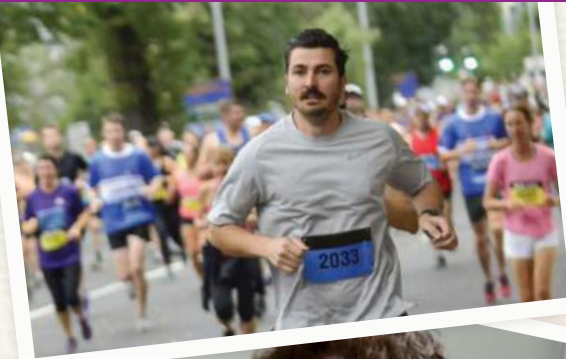




theAlfred
FOUNDATION

Inspired to remember

Stories of legacy and hope



Always The Alfred

People choose to remember The Alfred in their Will for many different reasons, all of them personal to their own story of connection to the hospital.

Everyone has their own particular reason why The Alfred holds a special place in their hearts.

- Some want to say a simple 'thank you' for receiving a second chance at life.
- Many are truly grateful for being given more precious time with their loved ones.
- Some want to honour the memory of someone special or celebrate the life they have been able to spend together.
- Several choose to support a few of their favourite causes and the charities closest to their hearts.
- Others really want to leave a legacy of hope and good health for future generations.

Over the next few pages are just some of the moving and memorable stories from people who have made the thoughtful decision to remember The Alfred in their Will.

These special gifts are left to The Alfred so that we can be here to provide the best possible compassionate care for other patients and their loved ones, always.

Always Yours, Always Alfred

Listen to your heart



When my daughter Sally was rushed to The Alfred with severe burns, I was so scared and I expected the worst. The doctors and nurses explained they were doing all they could, in the hope Sally would survive. I got such a shock to see Sally's lovely face, so badly burnt. I was shaking.

Thankfully, Sally pulled through, and she was able to go home to her two young children, my grandchildren, and begin her long road to recovery.

Without the dedicated staff at The Alfred, my family wouldn't have Sally with us today. That's why I was inspired to include a gift in my Will to The Alfred Burns Unit. To thank them for saving my daughter.

It makes me feel so very happy that people in the future won't have to suffer as much as they did in the past. Every new advancement enabled by these special gifts will make such a difference.

To anyone thinking about including a gift in their own Will, just enjoy doing it, knowing you'll be making a difference to others in the future - please just listen to your heart.

With love and much thanks,

Janet

Brian with his daughters
Melinda and Nicole

Dad's legacy of hope



The generous gift that our Dad, Brian, left to The Alfred in his Will has enabled us to create a life-changing cancer research fellowship in his name.

We are so proud that Dad's passion for giving back has become a unique part of our family history. The gift he included in his Will has created a legacy of hope for future generations of Australians.

We owe so many of the good things in our lives to Dad.

He always called himself 'a simple farmer', but he was smart, caring and very business savvy. He loved life on the orchard but also loved spending as much time as possible with his family and friends.

His energetic approach to life made sure his time was filled with sport, theatre, car rallies and his beloved Melbourne Demons.

Dad was a very generous soul. He just did things that felt right to him. He thought very highly of The Alfred and donated to the hospital over many years.



Brian and his family



When Dad was diagnosed with Lymphoma, he remained optimistic, despite facing such a difficult battle. We will never forget his strength and the love he showed for us during his treatment at The Alfred.

His medical team were fabulous. We have special memories of the many little things that they would do for him whilst he was in hospital.

The team at The Alfred Foundation helped us to find a way that Dad's gift could have a big impact on the future of cancer research that also had a strong personal connection to our family. We have established **The Jenkins Fellowship for Lymphoma** to fund further research and better treatments for Lymphoma patients.

We hope that Dad's final gift and our family's story will help to inspire others to think about supporting The Alfred in this very special way.

Thank you,

Melinda, Nicole and the Jenkins family



I'll always remember The Alfred

My daughter was only six weeks old when I suddenly noticed something was very wrong. She didn't seem to be breathing and was turning blue.

In a state of panic and confusion, my late husband and I rushed her to The Alfred. She was immediately put into a humidity crib and given oxygen.

Early next morning we were elated to see that our daughter had rallied and was slowly recovering.

The doctors discovered she had RH Factor, a blood incompatibility between parents, and a condition that can typically affect future children. She needed to stay in hospital for tests for another week or so before we could finally bring her home safely.

I'll never forget the efforts of the wonderful hospital staff that night. Their knowledge, skills and teamwork - but most of all their expert care and compassion.

I want to contribute to making a real change for people who may find themselves in my situation in the future.

That's why I will continue to support The Alfred, and why I chose to remember this amazing hospital in my Will.

Best wishes,

Elaine

I just want to say thanks



I'd always wanted to run the Melbourne Marathon, and trained hard to get fit for the event. Then, just short of four kilometres from the finish line, my body started to feel like it was shutting down.

It was absolutely terrifying.

My heart was pounding and my legs were both hit with painful cramps. I just stumbled to the side of the road and called out for help. The last thing I remember was the paramedic's bike skidding to a halt next to me.

It was a real shock to go from being a fit and healthy 29-year-old to being in such agonising pain and so unwell.

In The Alfred's Emergency & Trauma Centre, I was diagnosed with rhabdomyolysis - a serious condition in which the muscles deteriorate so rapidly, it can cause



kidney failure. I ended up having dialysis in hospital and that treatment continued as an outpatient.

But now, a few short years later, I've made a full recovery. Since then I got married to my amazing wife, Claire, and was able to enjoy our wedding day together in good health.

I started donating to The Alfred as a way of thanking them for their compassionate care. I'm now thinking about including a gift in my Will, to acknowledge the wonderful medical team who cared for me.

We're so fortunate to have The Alfred always here for us. The doctors and nurses do an incredible job, and I will forever be grateful.

With many thanks,

Igor

The Alfred will always be my number one

Jenni training at The Alfred



Jenni and her husband Laurie



Jenni has fond memories of her time spent as a nurse at The Alfred



Jenni and her beloved dog, Archie

The Alfred holds a very special place in my heart, not only because I trained there as a nurse, but also through my husband's family connection.

My three years spent training at The Alfred were the best of my life. Coming from a small country town, my life changed dramatically. We learnt about caring for others and how we could make a difference to people in need. I was, and continue to be amazed at what this large iconic institution can do.

I think of The Alfred as one of the best places in the world - it's a beacon of hope that often people only come to know about when they are at their most sick and vulnerable.

I knew as a trainee nurse and still know today the importance of good healthcare, and that is why I wanted to remember The Alfred in my Will.

My husband's grandfather, the late William Thompson must have also been inspired to do the same. He founded the W E Thompson Perpetual Trust through a gift left in his own Will. His legacy has generously supported The Alfred since 1956.

I have learnt over the years that giving back has its own rewards. It is very satisfying. We are indeed fortunate if you can make a difference to others.

With fond memories,

Jenni

We are so grateful to be able to share these special stories with you, from thoughtful people who want to give back so generously to The Alfred and future generations.

If this is something you would like to think about doing yourself, please don't hesitate to get in touch with our friendly Gifts in Wills team on **(03) 9076 3222**, or email any questions you may have to giftinwill@alfred.org.au

Thank you.

Always Yours, Always Alfred



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